



Celebrating a Wider Presence

Services expanding throughout the community

TRAUMA RESILIENT COMMUNITIES (TRC) MENTAL HEALTH PROJECT

Launched by a \$1.9 million grant from Metro Louisville, Maryhurst Renewal's TRC Mental Health Project will improve access to quality mental health services in our community. The program provides direct care to youth, adults, and families as well as support to partner agencies that routinely work with individuals who have experienced trauma.

Maryhurst is embedding eleven support associates at a variety of community locations throughout the Metro, with four full-time therapists dedicated to the partner sites.

Between now and December 2024, Maryhurst therapists will provide behavioral health and wellbeing support to at least 200 youth, adults, and families. In addition, Maryhurst experts will offer close to 1000 hours of training on important topics related to supporting trauma survivors.

Your Input Matters

Can you give us 5 minutes?

Would you please help us update our records and confirm that we have the correct contact info for you?

We also have eight short questions about our Lambeth Impact Circle and Development Office to help us know if we're connecting with you effectively. Five minutes of your time will make a big difference for us.

Scan this QR code with a smart phone for the survey or call us at 502.271.4584



180 years and Counting!

Words from CEO Paula Garner

On Sept. 15, Maryhurst will celebrate 180 years of service! We invite you to help us celebrate in two ways.

First, we invite you to join us on November 28th from 2 – 5p on our Lambeth Campus (1015 Dorsey Lane) for an open house. I look forward to thanking you directly for your support. More information to come.

Second, a gift of \$180 will help us meet special needs that our youth and families occasionally have (e.g. special bedding for a youth recovering from back surgery, a car seat for new parents, sound machines that help our children fall sleep, furnishings for an alum's new apartment). Funds received for this purpose will be held in a designated account, but we ask that these gifts be above and beyond your normal support.

To make a special \$180 gift, you can scan this QR code or give by mail. Please remember to note that this gift is for our 180 Fund.



Maryhurst.org/donate



Celebrating a Good Life

Doris Jones' forever impact

In our last newsletter, we highlighted Doris Jones for the many ways she shared her passion for Maryhurst's vital work with multiple generations of her family.



Sadly, Doris passed away in July. We extend our condolences to all who loved Doris and express our deepest gratitude for the impact Doris will continue to have far into the future.





Planning Ahead

Securing your future



As many as 2/3 of American adults don't have a valid, updated will. Without a will, you lose the power to decide how your assets are distributed, and state laws then control the process. If you currently don't have a will (or an updated will), we strongly encourage you to make this a priority. If you don't know where or how to start this process, there is a free website that can help.

FreeWill.com is a trusted site funded by non-profits that can be accessed 24/7 and offers a step-by-step process for creating wills, advanced healthcare directives (living wills) and a Durable Financial Power of Attorney.



FreeWill.com

On FreeWill.com you can designate a portion of your estate to causes that are important to you (e.g. your alma mater, faith community, social causes, etc.). Giving part of your estate to non-profits has the potential of reducing the tax burden on your survivors.

By including Maryhurst in your will, you can continue to support our vital work beyond your lifetime. The QR code below will take you to our webpage explaining many of the options available for helping Maryhurst through planned gifts.

Questions? Contact David Short at 502.271.4584 or dshort@maryhurst.org.



Making a planned gift

All the QR codes in this newsletter can be scanned with a smart phone, but we always welcome phone calls: 502.271.4584

Volunteering

Another chance to pitch in



Contact Shelby Allen at 502.909.4690 or sallen@maryhurst.org for all volunteer inquiries.

Fall Festival

Join us October 19 at 3p for snacks, games, crafts, and more! Each group can host their very own booth.

Sign up:



Trick or Treating

Gather your group and join us for Trick or Treating on Oct. 27 starting at 3:30 PM.

Sign up:



What's on the horizon?

Upcoming events and activities

GIVE FOR GOOD LOUISVILLE - SEPTEMBER 14

Give for Good Louisville is an annual, online giving event hosted by the Community Foundation of Louisville to support hundreds of local organizations.

Susan and Don Eberman are offering a \$10,000 challenge gift that will be "unlocked" once Maryhurst has 90 distinct donors on September 14th. Use the QR code below to help us reach our 90 donors.



giveforgoodlouisville.org/organizations/maryhurst-inc



TOUR OUR LAMBETH CAMPUS

Come visit our campus and bring a friend! Each month we offer a one-hour program overview and tour. We alternate between morning and noontime slots. Help us introduce our work to others!

Sign up for a tour.

maryhurst.org/take-action/meet-maryhurst

