

## Treasure Home

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### Client Profile:

- Gender: Female
- Ages: 12 – 21 years (must be in state's custody if over 18)
- Accredited 9th grader or above; or able to function in community school if below 9th grade
- Able to function, with support, in the community
- Assessed as having moderate to severe developmental delays
- Cognitive levels below 70
- Moderately to severely emotionally disabled
- Able to participate in own self-care
- Not actively suicidal/homicidal at time of admission
- Not in need of medical detoxification
- Able to maintain own safety in a community setting

### The Treatment:

- Individual, group and family therapy by a master's level clinician
- [Risking Connection®](#) (A trauma-informed and relationship-based care approach)
- Substance abuse assessment and services, including [Seven Challenges®](#), education and 12-step programming
- Mentor-mentee relationship with youth counselors
- Physical and recreational activities including recreation and art therapy
- Educational support to facilitate attendance and success in public school
- Identity, independence, and self-worth development through psycho-educational groups and individual goal work with mentors
- Supported community activities
- A range of therapeutic approaches including:
  - Cognitive Behavioral Therapy (CBT)
  - Trauma-focused CBT
  - Dialectical Behavioral Therapy/Mindfulness Practices
  - Motivational Interviewing
  - Solution-Focused Brief Therapy
  - Eye Movement Desensitization and Reprocessing (EMDR)