

Outpatient Services

Expanded Services Offer New Opportunities

Kentucky Kids Recovery Grant of nearly \$1 million dollars

Have you ever known anyone who needed help, but had nowhere to turn to find it? Did you know that according to the most recent report from the Substance Abuse Health and Mental Health Services Administration, that one in eight Kentucky High School students meet the criteria for a substance abuse disorder? Those statistics are alarming, but fortunately Maryhurst is helping to respond to these needs.

Due in part to a recent Kentucky Kids Recovery Grant of nearly \$1 million dollars Maryhurst is able to expand its outpatient services. By reflecting Maryhurst's mission of serving those in greatest need, this grant allows Maryhurst to grow their existing services and offer much needed support to families within their homes and in additional communities such as Shively and Portland.

Alcohol and Other Drug issues are devastating to children, families, schools and communities. The opportunity to provide early detection and prevention of substance abuse and other mental health issues is critical.

Through new family counseling centers in these communities, adolescents and their families will now have access to these services that until

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Letter from the CEO

Turning Problems into Possibilities

I have always admired St. Mary Euphrasia, the courageous woman who founded the Sisters of the Good Shepherd in 1835 in Angers, France. Maryhurst was one of 110 houses she established around the world during her lifetime. Mary Euphrasia had many notable qualities, but the one which amazes me most was her ability to focus on possibilities rather than problems. Any time I'm struggling with difficulties here at Maryhurst, I try to remember some of the many obstacles Mary Euphrasia faced, and I'm inspired never to give up.

I've had the opportunity to visit the Motherhouse in France on two occasions and enjoyed the privilege of walking the same halls and gardens Mary Euphrasia did many years ago. There is an interesting story about a nearby property, the St. Nicholas Abbey, which Mary Euphrasia purchased so the Sisters could house a large group of abandoned children put in Good Shepherd care by the local government.

While today this real estate transaction might not seem particularly significant, during that period of time, the Sisters were cloistered and needed permission every time they ventured off their main convent property. Crossing the street and walking a block or two to St. Nicholas was simply not possible – for anyone but Mary Euphrasia. Her solution, which would have never crossed my mind, was to build a tunnel. Yes . . . a tunnel. She would not allow those children to be denied the loving care they needed!

So with the help of expert craftsmen and Sisters who pitched in by hauling off debris, the tunnel became a reality. Mary Euphrasia created a solution where none seemed to exist. The tunnel is still there today, and I've walked through it several times trying to soak in her vision and determination. The tunnel stands as a monument to Mary Euphrasia's zeal and an inspiration to all of us who carry on her mission.

As 2015 unfolds for Maryhurst, I hope to model Mary Euphrasia by always being open to new possibilities. Our mission is too important to be bound by small thinking. Who knows what kind of tunnel or bridge or staircase we'll need to build this year to make our vision come true?

Sincerely,



Judy A. Lambeth
President and CEO
jalambeth@
maryhurst.org



Maryhurst unveils new vision statement

As branding and transformation work continue, we are pleased to announce a new vision statement for the agency:

Maryhurst dares to imagine communities free of abuse and filled with hope for every child and family.

Mission Statement

Believing the worth of children and strength of families are cornerstones for a better world, Maryhurst is dedicated to providing care and commitment, strength and support, healing and hope to children and families in great need.

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Construction Underway at Madeline's Cottage

Construction is in full swing on Madeline's Cottage, The Butterfly Garden and Walking Trail with progress happening daily. Madeline's Cottage will provide housing and treatment space for 14 adolescent girls and is designed for youth with the highest therapeutic needs in Kentucky's child welfare system. Throughout the coming months, we will share more construction updates, as well as information about a ribbon cutting event in early June.

Shopping with a Purpose

Support Maryhurst by Shopping at Kroger

Kroger Community Rewards

By enrolling your existing Kroger Rewards Card you can automatically raise money for Maryhurst every time you shop! Simply register online at [krogercommunityrewards.com](https://www.kroger.com/account/create), sign-in and click enroll now. By editing your account you will be able to **enter Maryhurst's NPO #11481** and register Maryhurst as your selected charity of choice. If you are a new member you will need to sign up for an account first at <https://www.kroger.com/account/create> and then follow the prompts to select Maryhurst as the designee.





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recently were not available. Steve Ochs, Director of New Program Development is excited about these offerings and states, “We want to be there for these communities by providing outpatient services that are not only community driven and oriented, but also tailored to the needs of the individual and their families.”

Through a partnership with Family and Children’s Place Maryhurst is leasing space in Shively to be able to provide these much needed services. In addition, Maryhurst will collaborate to provide family support, training and educational programs in both Shively and Portland. Ochs continues, “We know that substance abuse and other mental health issues are systemic in nature. In order to build on the inherent resilience of our children and the strengths of our families, we want to collaborate within communities to increase the natural supports to sustain recovery of our clients.”

What this means for Maryhurst is that new doors are opening, as services are expanding. By reaching out to new clients in the

community, we are able to engage them in preventative services that offer the adolescent and family with a higher level of care and support. This also allows Maryhurst to hire a new skill set of licensed professionals that will be able to provide support to these families in need.

“It’s a very exciting time for our agency as we work to transform the lives of these families through these new services,” states Judy Lambeth, President and CEO. “In addition, “this will provide great opportunities to do prevention work and to reduce the number of out of home placements for all services – not just alcohol and other drugs.”

Currently, as of January 1, Maryhurst has taken these services to five families and their children, but this is only the beginning for what possibilities lay ahead. There is so much work to be done and Maryhurst is proud to be part of the ongoing solution.

If you know anyone who could benefit from any of these services, please contact Outpatient Services at **502.438.9639** or **outpatient@maryhurst.org**



Volunteering for Maryhurst



Texas Roadhouse volunteers with CEO, Judy Lambeth, far right.

Texas Roadhouse completes Pelletier game room

Special thanks to Texas Roadhouse for helping to refurbish the game room in one of our dorms, Pelletier! We are grateful for your continued commitment to helping beautify our campus through our programs and the girls we serve. We also appreciate your very generous donation of Target gift cards for our girls. We would also like to thank Buffalo Construction, Inc. and UPS for their support of this project!



Maryhurst Gourmet Cookies for Sale!

**A tradition that started nearly 20 years ago!
Perfect gift for Administrative Professionals' Day, Birthdays and more...**

**Fewer than
100 tins
available!**

Enjoy three of Sister Grace's recipes that she loved to bake and share with others. Our Maryhurst gift tin contains one dozen each: chocolate-dipped chocolate chip, buttery raspberry thumbprint and oatmeal raisin, prepared by Desserts by Helen. With your purchase, you help transform the lives of the more than 300 children in our care.

Place your order now!
\$25 (plus shipping)
502.271.4523 or Icecil@maryhurst.org



Did you know?

Many of you are familiar with Maryhurst's residential treatment program located on Dorsey Lane, but did you know we also have the following program sites?

Rosehaven – treatment program in neighborhood setting for adolescent girls transitioning to college and into adulthood (located in Louisville's Clifton neighborhood)

Treasure Home – treatment program in neighborhood setting for adolescent girls with significant emotional and social impairments (located in Louisville's Fern Creek neighborhood)

Rose's Cottage and Sophie's Cottage – Psychiatric Residential Treatment Facilities for adolescent girls run in partnership with Uspiritus (located on the Uspiritus Brooklawn campus)

Family Treatment Homes – therapeutic foster care and adoption for males and females, ages birth – 21 years; homes are located in Jefferson and surrounding counties.

Outpatient Treatment – individual, group and family counseling for adolescents with a wide variety of therapeutic issues, including alcohol and other drugs; therapy can happen in homes and at offices located in Louisville, Portland and on Dixie Highway.

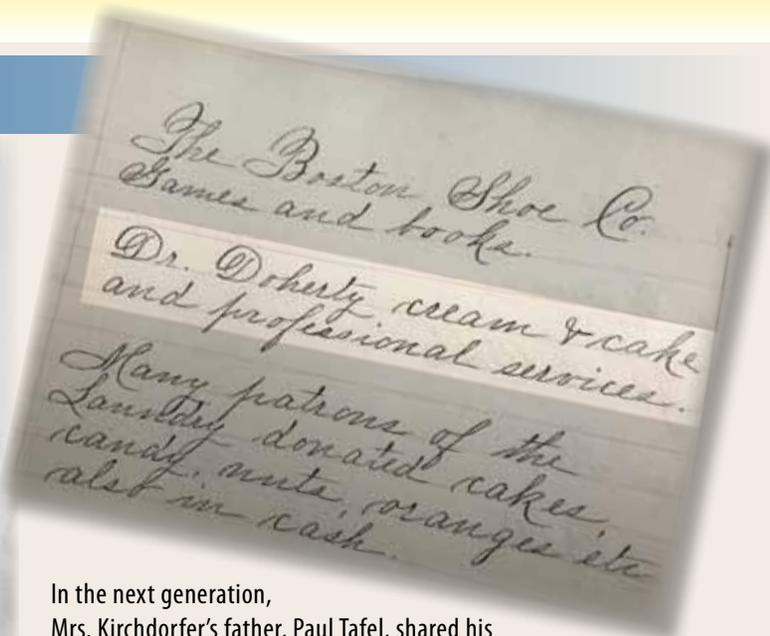


Dr. William Doherty surrounded by his six grandchildren, including Mrs. Patricia Kirchdorfer (far right).

A long history of caring

Sitting in her room at the Episcopal Church Home, Ms. Patricia Kirchdorfer is surrounded by photographs and paintings of her family. Prominently displayed on the wall across from her bed is a photo of her grandfather, Dr. William Brown Doherty, or “Papa” as she calls him. Dr. Doherty (1845 – 1937), was born in Donegal, Ireland but found his way to Kentucky where he had a distinguished career as a family physician and obstetrician. Even today, some of the articles he authored can be found on the internet in archived medical journals. He also wrote a book, “You and Your Doctor”, which served as a practical guide for patient/doctor interactions.

Dr. Doherty served as the physician for the Sisters of the Good Shepherd for many decades, and thus started a relationship that was passed down to Ms. Kirchdorfer many years ago. She still remembers going to mass at the old Maryhurst site in Louisville’s Portland neighborhood at a very young age. Judy Lambeth, Maryhurst’s President and CEO, has a journal the Sisters kept of their early benefactors, and the first entry for Dr. Doherty was in 1888, recognizing him for his donated services. His name is mentioned numerous times over the following decades for his work as their physician and his donations of food and money for the children. One particular entry notes that he brought in a special treat of “cream and cake” for the Sisters and girls.



In the next generation, Mrs. Kirchdorfer’s father, Paul Tafel, shared his extensive business acumen with the Sisters while serving on Maryhurst’s advisory board for several years. Mr. and Mrs. Tafel instilled in their children the values of generosity and service to others and even named their daughter, Patricia, after Mother Patricia who served for many years as the Sisters’ superior.

Patricia Tafel grew up and married Norbert Kirchdorfer, and the couple had four children of their own. Mrs. Kirchdorfer carried on her family’s tradition of supporting Maryhurst, as did her sister, Mary Barnum, and her brother Jack Tafel. Besides her regular monetary donations, Mrs. Kirchdorfer recently gave Maryhurst a sterling silver tea service and a beautiful nativity set which was displayed over the holidays in the administration building.

Maryhurst is deeply grateful to Dr. William B. Doherty for starting this legacy of generosity back in 1888 and passing on to his family the importance of giving to those in need. The Doherty/Tafel/Kirchdorfer family has helped transform the lives of tens of thousands of girls over the span of more than 125 years.

Your Family Legacy Is Important

We would invite you to consider creating or continuing your own story of caring by joining Maryhurst’s Legacy of Hope Society through a planned gift. If you or your family is interested in funding a scholarship or making some other form of planned gift, please contact Maryhurst’s Vice President of Development and Communications, **Jennifer Moran** at **502.271.4520** or email **jmoran@maryhurst.org**. If you are interested in volunteer activities, contact **Liz Bayer** at **502.271.4526** or **lbayer@maryhurst.org**. They would be happy to talk to you about various options that might appeal to you.

Maryhurst Happenings



69th Annual Stanley Schultze Luncheon Maryhurst chosen as 2014 beneficiary.

Thank you to the committee for choosing Maryhurst as the 2014 beneficiary at the Annual Stanley Schultze Christmas lunch and auction on December 19 at Owl Creek Country Club. The event helped to raise over \$14,000 for Maryhurst and the girls in our care. Big thanks to all who contributed and planned such a successful event!

Laurie Schalow Named New Board Chair

Laurie Schalow, Vice President of Public Affairs for Yum! Brands, Inc has been elected Chair of the Board of Directors, replacing Past Chair, Robin Powell. Schalow has been on the board since 2009, most recently chairing the Resource Development Committee and serving as Second Vice Chair on the Board of Directors. Schalow has also served on the Program Development & Quality Improvement Committee since 2012. Congratulations Laurie!



SAVE THE DATE for our 2015

Journey of Hope Luncheon

Tuesday, May 19, 2015
The Marriott Downtown
Noon – 1:30 p.m.



Maryhurst's annual fundraiser highlights Maryhurst's work with abused and neglected children, and pays tribute to its many generous supporters and the accomplishments of its alumni, welcoming nearly 700 people. During the event Maryhurst celebrates alumni with the presentation of scholarships, thanks individuals and corporations and shares stories of transformation that take place with our children.

For more information on sponsorship or to purchase tickets please visit our website at
<http://www.maryhurst.org/journey-hope-luncheon-2015/>

St. Mary Euphrasia

"We must have untiring zeal and never fear difficulties. If we have to climb the highest mountains we must do so with courage."

– **St. Mary Euphrasia**

(Foundress of the Sisters of the Good Shepherd)



Grant Update

Our thanks to the following for their generous support:

CarMax Foundation
Cralle Foundation
Etscorn Charitable Foundation
Honorable Order of Kentucky Colonels
Lerner Family Foundation

Mildred V. Horn Foundation
Norton Foundation
Verizon Foundation
Victims of Crime Act



Upcoming Events



Foster Care Information Sessions:

Come learn more about the opportunities in therapeutic foster care and adoption during our information session. This is an informal time to meet some of the foster care staff members and learn more about how you can change a child's life. RSVP to **Shameika Devane** at **502.499.1570** or email **sdevane@maryhurst.org**

1015 Dorsey Lane, Louisville KY 40223

- **Wednesday, February 18, 6 p.m.**
- **Wednesday, March 18, 6 p.m.**
- **Wednesday, April 22, 6 p.m.**

Meet & Greet Sessions:

We invite you to join us for a tour of campus and lunch to learn more about Maryhurst – our mission and our girls. Please RSVP to **Liz Bayer** at **502.271.4526** or email **lbayer@maryhurst.org**

1015 Dorsey Lane, Louisville KY 40223

- **Wednesday, February 18, 12-1 p.m.**
- **Wednesday, March 18, 12-1 p.m.**
- **Wednesday, April 15, 12-1 p.m.**



The Journey is a publication of the Maryhurst Development Office. If you have questions about the publication or Maryhurst, please contact us.

To learn more about Maryhurst or to donate, please call us at 502.271.4523 or visit www.maryhurst.org



Development Office Staff

Jennifer Hartlage Moran
V.P. Development & Communications

Liz Bayer,
Director of Development

Shannon Benovitz
Director of Marketing/Communications

Lori Cecil
Development Coordinator

David Short
Director of Donor Relations