

Client Profile:

- Gender: Female
- Age: 11-18 years
- Average length of stay: six to twelve months
- Severe emotional disabilities
- Able to participate in own self-care
- Not actively suicidal/homicidal at time of admission
- Not in need of medical detoxification

The Treatment:

The program offers a highly structured environment with intense supervision and therapeutic treatment intended to promote self-esteem, teach appropriate social and independent living skills and overcome the trauma of abuse and neglect. Respecting cultural diversity, the program uses a team approach that includes group living (milieu) therapy, clinical services, educational services, medical services and an activities program.

Treatment components:

- Intensive individual, group, family, and expressive therapies
- Life skills and social skills training
- Alcohol and other drug assessment and services, including Seven Challenges®
- Mentor relationships with youth counselors
- Cultural, spiritual and recreational activities
- One-on-one and small-group therapeutic interventions by support counselors
- [Risking Connection®](#) and [Restorative Approach™](#)

Specialized Programming:

The program provides specialized therapies—guided by highly skilled staff trained in state-of-the-art, evidence-based interventions—to address substance abuse, sexual behavior problems and self-inflicted violence.

Madeline's/De Lignac Cottages:

For youth assessed as having developmental delays, including:

- Significant cognitive delays
- Significant limitations in communication, self-care, social-interpersonal skills and functional academic skills

Flaget Cottage:

- For youth with significant limitations in managing emotions, particularly anger & aggression
- Patterns of hostile, oppositional and defiant behaviors
- Aggressive behaviors that cause significant disruptions in social & academic functioning

Neuville Cottage:

- Offering treatment in a residential setting designed specifically for adolescents with alcohol and other drug issues

Pelletier Cottage:

Primary treatment issues around self-defeating or sexual behavior problems, including:

- Developmentally inappropriate or aggressive sexual behavior
- Self-injurious behavior